

GILLINGSTOOL PRIMARY SCHOOL

Inspire ~ Believe ~ Achieve



PUPIL WELLBEING POLICY

Signed ... 

Name: Dave Llewellyn

Chair of Governors

Date: June 2022

Signed 

Name: Caroline Carter

Headteacher

Date: June 2022

Rationale

Gillingstool School recognises that as well as promoting pupils' attainment and achievement it also has a wider role in promoting pupil well-being.

Gillingstool School is committed to the development of children in its care, recognising that pupils' health, safety, self-confidence, social skills, and self-awareness not only contribute to their achievement but are important in their own right.

School will contribute to all aspects of the well-being of its pupils and work towards:

- being healthy (physical and mental health and emotional well-being)
- staying safe (protection from harm and neglect)
- enjoying and achieve (education, training and recreation)
- making a positive contribution (the contribution made by them to society)
- achieving economic well-being (social and economic well-being).

These five outcomes are at the heart of the pupil's education at Gillingstool Primary School and are encapsulated in the school vision and values. We believe these are fundamentals for the wellbeing and happiness of the pupils.

Aims

Gillingstool School aims to provide an inclusive environment in which all children feel respected and valued and in which they are inspired by their learning and develop their talents with enthusiasm.

The school aims to promote the well-being of all its pupils, through the ethos and care it provides, through the integrity of the management of the school, through the highest standards of teaching, learning, behaviour and through partnership with others.

Being Healthy

Gillingstool School recognises that for pupils to achieve their full potential they should be as fit physically, mentally and emotionally as possible.

- Pupils will be encouraged to participate in all forms of physical activity. Good provision will be made within lessons and in extra-curricular time for pupils to participate in a variety of sporting activities. Children will be given the opportunity for constructive outdoor play.
- Pupils will be encouraged to adopt healthy life styles as the school will promote healthy eating, and daily physical exercise including walking to school. Pupils will gain knowledge regarding the benefits of exercise on their physical and emotional wellbeing.

- Pupils will be encouraged to explore their feelings and emotions through the RE curriculum, PSHE curriculum, the SMSC curriculum. Additional avenues of support will be provided through ELSA sessions and the School Counsellor where need is identified.
- Pupils will be encouraged to articulate any concerns or anxieties they may have with the staff. Worry Monsters are provided to initiate additional contact with the ELSA if required.
- Gillingstool School is committed to ensuring there is equality of opportunity through out the school and promotes an fully inclusive environment. (See Equal Opportunities, Inclusion, SEN, Gender equalities and Disability Equality Policies).
- Through the Sex and Relationships Education pupils will learn to respect themselves and others, build meaningful relationships and move with confidence into adulthood.

Staying safe

Gillingstool School is committed to providing a safe and secure learning environment. It also promotes good safety awareness amongst the pupils.

- The school will follow correct Health and safety procedures. (see H&S policy).
- Staff will be recruited using safer recruitment principles.
- There will be an expectation of high standards of behaviour and a culture of mutual respect to help children feel safe, as well as being well-informed to keep themselves safe.
- All staff will have Child Protection training and know the correct procedures to follow as well as the Safeguarding Policy and procedures including Keeping Children Safe in Education.
- All staff will follow the guidance of what is permissible physical contact as in the Behaviour policy, Physical Intervention Policy and Manual Handling Children Policy.
- There are designated people responsible for first aid in school and the children will know who to go to for help.
- Staff will work with parents and outside agencies when a child's welfare is of concern.
- The use of the internet will be closely monitored and pupils taught e-safety.
- Bullying in all its forms will not be tolerated in school. The school will follow the Anti Bullying Policy.
- Pupils will be taught to be aware of potential dangers and strategies to cope, at an age appropriate level. (This will include swimming lessons, cycling proficiency and visits to the Lifeskills centre).

Enjoying and Achieving

Through a broad, vibrant and creative curriculum and high quality teaching and learning the school aims to enable all pupils, whatever their ability, to develop a passion for their learning, be ambitious and reach their full potential.

- Children will be encouraged develop a love of learning through their understanding of the qualities of a good learner.
- School will aim to provide a stimulating learning environment where the gifts of the more able prior attaining pupils are recognised and nurtured.
- Good quality SEN provision will enable children with additional needs to be identified swiftly and appropriate interventions put in place.
- Early interventions will be used when pupils present social and emotional problems and timely additional support provided (on a multi-agency basis where appropriate) to help pupils get back on track.
- School will offer a wide range of good quality extra curricular activities, sports and other recreational activities, including play.
- All achievement by pupils whether academic, sporting or artistic will be celebrated by the whole school.

Contributing to the Community

Pupils develop self-confidence and a sense of social responsibility by being able to contribute not only to the school community but to the wider community.

Gillingstool School actively encourages this type of community involvement by the pupils.

- Children will be encouraged to participate in sporting, cultural and volunteering activities both within and outside the normal school day.
- Children will be encouraged to contribute to the community at local, national and global levels.
- School will deliver citizenship and RE, to help pupils understand how society works; to prepare them for playing their part as adult citizens; and to help them understand other faiths and cultures while developing a sense of shared identity.
- School will seek to provide opportunities for pupils to interact, learn and work together with other children from different backgrounds.
- A culture of fair play and justice will be promoted in school.
- Pupils will be encouraged to understand the responsibilities they have to others.
- Pupils will be encouraged to understand their role in caring for their environment whether local or global.

Achieving economic well-being

Gillingstool School aims to provide an early, firm foundation on which its pupils can ultimately build a fulfilling and productive future life.

- Pupils will be encouraged to develop life enhancing skills, such as the ability to communicate clearly, resilience, initiative, enterprise, creativity and social and team working skills.
- Pupils will be given opportunities to develop a sense of belonging to a community.
- Through Citizenship education pupils will explore the concept of economic well-being at an age appropriate level.
- School will endeavour to ensure that no pupil is disadvantaged in school because of the economic circumstances of its family.
- Links will be fostered with local secondary schools in order that pupils may be well prepared for the transition to the next stage of their education.

Spiritual well-being

Spiritual well-being may be defined as a state of wholeness, when every aspect of life is in balance and a child feels confident, creative, fulfilled and integrated, both inwardly and in relation to other people. It is a process of growth and development that gives to the individual meaning, purpose, direction and value in daily life.

- Gillingstool School will seek to nurture the spiritual development of its pupils.
- Through Collective Worship pupils will be given opportunity to explore Christian values.
- Through Collective Worship, RE and the Science curriculum, pupils will be given opportunities to reflect on and celebrate the wonders and mysteries of life.
- RE will be taught in a way which gives pupils opportunity to explore how individuals and communities make sense of their lives through the great religions of the world.
- Pupils will be taught attitudes of respect, empathy, understanding and sensitivity to others spirituality.
- Gillingstool School will endeavour to provide an environment where pupils feel confident to talk about their feelings. It will also seek to provide time and a place for quiet reflection.

Gillingstool Primary School: Wellbeing Team

The Wellbeing Team are responsible for over-seeing the emotional and social needs of the school community and allocating support.

The Team comprises of the Headteacher; the SENCo/Inclusion Lead; the ELSA/Family Link worker and the School Counsellor. The team meet on a termly basis to prioritise and plan intervention and support for the coming term.

In order to support this process, teachers and teaching partners assess children against the 'Thriving in School' criteria. Pupils are RAG-rated in terms of:

- readiness to learn;
- adapting and coping with change;
- positive relationships with peers and adults;
- confidence and engagement in learning and
- efficacy as a communicator.

Pupils' needs and the impact of any previous intervention is recorded on the Wellbeing Action Plan.

Prioritisation for support for ELSA or the School Counsellor is based upon pupil need.